

INFRA-LOW NEUROFEEDBACK - INTRODUCTORY COURSE

MODULE I

DAY 1 Feb 25	8:30 AM -12:30 PM	Introductions and overview of the course
		What is Neurofeedback
		Core concepts and starting sites
		Getting to know your equipment
DAY 2 Feb 26	8:30 AM -12:30 PM	Trauma and Infra-Low Neurofeedback
		Starting site indicators
		Neurofeedback assessment, testing & symptom tracking
	Group discussion - choice of starting sites	
12:30 PM - 1:30 PM	Lunch	
1:30 PM - 5:30 PM	Cygnit Basics - software, equipment setup, electrode care, etc.	
		Neurofeedback training session #1
DAY 3 Feb 27	8:30 AM -12:30 PM	Continued optimization: site and frequency
		Group discussion: training effects after previous session
		Neurofeedback training session #2
	12:30 PM - 1:30 PM	Lunch
1:30 PM - 5:30 PM	Understanding Neurofeedback (Part 1)	
		Group discussion: training effects after previous session
		Neurofeedback training session #3
MODULE II		
DAY 1 Mar 18	8:30 AM -12:30 PM	Disinhibition, localized dysfunction - Basic neurofeedback sites
		Training protocol development and optimization, protocol progression
		Group discussion: training effects from previous session
	Neurofeedback training session #4	
12:30 PM - 1:30 PM	Lunch	
1:30 PM - 5:30 PM	Clinical profiles (part 1)	
		Group discussion: training effects from previous session
		Neurofeedback training session #5
DAY 2 Mar 19	8:30 AM -12:30 PM	Clinical profiles (part 2)
		Choosing the right clients for neurofeedback
		Group discussion: training effects from previous session
	Neurofeedback training session #6	
12:30 PM - 1:30 PM	Lunch	
1:30 PM - 5:30 PM	Understanding Neurofeedback (part 2)	
		Group discussion: training effects from previous session
		Neurofeedback training session #7
DAY 3 Mar 20	8:30 AM -12:30 PM	Clinical Case Study - discussion
		Next steps
		Neurofeedback reassessment and testing